



One-on-one independent living skills, taught *in the places where life actually happens*: your home, your store, your bus stop, your community.

WHO WE SERVE

- Adults 18+ who are active Regional Center of the East Bay clients
- ILS written into the Individual Program Plan (IPP)
- Self-Determination Program participants welcome

TEN SKILL AREAS (TITLE 17 § 56742)

Cooking & Meal Preparation	Medical & Dental Self-Management
Grocery Shopping & Menu Planning	Self-Advocacy
Money Management & Budgeting	Community Integration & Recreation
Public Transportation	Home & Community Safety
Personal Health & Hygiene	Household Maintenance & Cleaning

HOW SERVICES WORK

- Every session one-on-one, with carefully matched staff
- In the client's home and community, never in a center
- Typical schedule: 3 days a week, 3-4 hours a session, about 40 hours a month
- Services 7 days a week, including evenings and weekends, scheduled per each client's IPP
- No out-of-pocket cost for authorized clients

HOW TO REFER

- 1 Contact us**
Call, email, scan the code below, or go to enoama.com/refer.
- 2 Send the referral & IPP**
We respond within two business days and schedule an intake.
- 3 Assessment & plan**
A person-centered assessment at home and in the community, then an Individual Service Plan tied to IPP goals.
- 4 Services begin**
Matched staff start, with regular progress documentation.

FOR SERVICE COORDINATORS

- Referral response within two business days
- ISP delivered within 30 days of receiving the IPP
- Semi-annual progress reports and special incident reporting per Title 17
- Direct access to the Program Director

PROGRAM DIRECTOR

Isaac Nkrumah, MS

Former Case Manager, Regional Center of the East Bay
isaacnkrumah@enoama.com

PHONE

925-404-7232
925-352-1648

EMAIL

welcome@enoama.com

BASED IN

Pleasanton, CA
Serving Alameda &
Contra Costa
Counties



SCAN TO REFER

enoama.com/refer